

**The Following Collect, Epistle & Gospel will be read during the Eucharist today in the personal Chapel of the Presiding Archbishop of the Australian Church of Antioch, The Most Reverend Frank Bugge.**

**Good Friday.**

**Violet.**

**Intent - The Lord's Supper**

**Candles 6.**

**All Crosses shall be veiled in violet gauze.**

*No Eucharist is celebrated this day. Communion from reserved Sacrament.*

### **The Collect**

O Holy and wondrous Lord who gave us an Avatar at this time to shed blood to advance the world, pour upon us the appreciation and understanding of this divine gift, that we may not waste this chance given to us to advance many steps to thee; and so dwell with thee in glory in the name of the Christ. Amen.

Be with us Lord in all our doings, and further us with thy continual help, that in all our works, begun, continued and ended in thee, we may glorify thy Holy name through the Christ our Lord. Amen.

**The Epistle for Good Friday is from the Writings of Archbishop F. Bugge.**

Dearest Friends, I urge you as temporary tenants of this world, close down your urges for lustful desires and carnal thought that war with the soul. It is for these reasons that the Christed Lord shed his blood into the earth, that the pure energy within the blood of our blessed Saviour might raise the whole of the planet earth's vibrations, and hereby assist humanity in its quest for attainment of higher levels of consciousness with our Holy One. Do not by your acts of negativity and nastiness try to impede the great gift of the Avatar, but try to enhance his gift, by offering to all others as he offered to us the acts of understanding, caring, love and supreme sacrifice. As we rise to this glorious ideal we will truly be with him in paradise.

**Here Endeth The Epistle.**

**The Gospel for Good Friday is from the words of Bishop Leadbeater.**

It is necessary to learn to control all our vehicles, the physical, the astral, the mental; and the doing of that is very often tiresome and troublesome. Consequently it does amount to taking up a cross, and not being ashamed to face it. It has to be done. If there is sorrow, trouble, pain, we have brought that on ourselves by allowing the bad habits to grow in the past. We must face the suffering and live it down. That is a real Good Friday lesson - that the cross we take up in imitation of the Christ is the conquest of the lower nature. It is not a thing to do lightly; it is a serious undertaking. If we will not face it in this life, that means the bad habits will grow stronger, and therefore we shall have more future sorrow to conquer in some future life. It is only wisdom and common sense to take these matters in hand now. This is the perfect occasion for the church to remind us of that. Let us find our weak points and conquer them. Then and only then shall we enter into the realization of the freedom from the habits that enslave us and climb to a higher life, just like a resurrection.

**Praise Be to Thee O Christ.**

